

# Helping You Wear it Right

## Wearing your 4-strap full facepiece respirator.

1



Fully loosen all four head straps. Pull hair back with one hand. Bring facepiece up to face with other hand.

2



While holding the facepiece in place, pull the straps over your head.

3



Tighten the two bottom straps.

4



Tighten the two top straps.

5



Make sure the back of the harness is centered on the back of the head.



3M™ Full Facepiece Reusable Respirator 6000 Series

## Check the seal of your 4-strap full facepiece respirator each time you don the respirator.



### 1. Positive Pressure User Seal Check

Place the palm of your hand over the opening in the exhalation valve cover and exhale gently. If facepiece bulges slightly and no air leaks are detected between the face and the facepiece, a proper seal has been obtained. If faceseal air leakage is detected, reposition the respirator on your face and/or readjust the tension of the straps to eliminate leakage and recheck seal. *If you cannot achieve a proper seal, DO NOT enter the contaminated area. See your supervisor.*



### 2. Negative Pressure User Seal Check Using Filters 2000 Series

Place your thumbs onto the center portion of the filters, restricting airflow through filters and inhale gently. If you feel facepiece collapse slightly and pull closer to your face with no leaks between the face and the facepiece, a proper seal has been obtained. If faceseal air leakage is detected, reposition the respirator on your face and/or readjust the tension of the straps to eliminate leakage and recheck seal. *If you cannot achieve a proper seal, DO NOT enter the contaminated area. See your supervisor.*



### Using 6000 Series Cartridges

Place palms of hands to cover face of cartridge or open area of 3M™ Filter Retainer 501 and inhale gently. If you feel facepiece collapse slightly and pull closer to your face with no leaks between the face and facepiece, a proper seal has been obtained. If faceseal air leakage is detected, reposition the respirator on your face and/or readjust the tension of the straps to eliminate leakage and recheck seal. *If you cannot achieve a proper seal, DO NOT enter the contaminated area. See your supervisor.*

### WARNING

These respirators help protect against certain airborne contaminants. Before use, the wearer must read and understand the *User Instructions* provided as a part of the product packaging. A written respiratory protection program must be implemented meeting all the requirements of OSHA 1910.134 including training, fit testing and medical evaluation. In Canada, CSA standards Z94.4 requirements must be met and/or requirements of the applicable jurisdiction, as appropriate. **Misuse may result in sickness or death.** For proper use, see packaging instructions, supervisor, or call 3M PSD Technical Service in the USA at 800-243-4630. In Canada, call Technical Service at 800-267-4414.

**General Offices**  
3M Center  
St. Paul, MN 55144-1000

**For More Information  
In U.S.**  
Technical Assistance: 1-800-243-4630  
Customer Care Center: 1-800-328-1667  
3M.com/PPESafety

**In Canada**  
Technical Assistance: 1-800-267-4414  
Customer Care: 1-800-364-3577  
3M.ca/PPESafety

3M is a trademark of 3M Company, used under license in Canada. Please recycle. Printed in U.S.A. © 3M 2014. All rights reserved. 70-0707-9708-2